

The Satanic Hoax of Modern Medicine and the Secret NHS Death Camps

By Donald Perry

My Experiences with Herbs, Diet, Lyme Disease and Hip Joint Failure
In Conjunction with Researching Modern Medicine

Table of Contents

Fluoride

4G VS 5G

Dear Pastor

Letter to Nabeel Qureshi

My Blood Test

My Calcium Problem

My Lyme Disease

YouTube Video I

YouTube Video II

PAPER FROM THE FDA

WORTHWHILE GOOGLE SEARCHES AND LINKS

SHOPPING LIST

Fluoride

Would you brush your teeth with lead?



Then why are you using fluoride!?!?

Fluoride is more toxic than lead, and only slightly less toxic than arsenic.

It takes only 1 gram of fluoride to kill a child – the same amount in a toothpaste tube. Using fluoridated water in baby formula can kill newborns 6 months old or younger.

94.3% of the world's population **DOES NOT DRINK FLUORIDATED** water.
Oppose water fluoridation • Buy fluoride-free toothpaste • Refuse fluoride rinses at your dentist

<http://www.fluoridealert.org>

<http://not-99f.org/>

WHAT IMPORTANT IDEAS YOU SHOULD COME AWAY WITH AFTER SPENDING SOME TIME ON MY WEBSITE:

1. How fluoride is robbing you of your mental health and why you don't care.
2. Links and keywords to find vital information for improving your health: If you download a version of this book to a file on your desktop computer or cell you can click on the links to reach that said pages.

Fluoride's ability to damage the brain is one of the most active areas of fluoride research today. In the past three decades, over 100 studies have found that fluoride exposure can damage the brain. This research includes:

- Over 100 animal studies showing that prolonged exposure to varying levels of fluoride can [damage the brain](#), particularly when coupled with an iodine deficiency, or aluminum excess;
- 43 human studies linking moderately high fluoride exposures with [reduced intelligence](#);
- 32 animal studies reporting that mice or rats ingesting fluoride have an impaired capacity to [learn and/or remember](#);
- 12 studies (7 human, 5 animal) linking fluoride with [neurobehavioral deficits](#) (e.g., impaired visual-spatial organization);
- 3 human studies linking fluoride exposure with impaired [fetal brain development](#).

Based on this accumulating body of research, several prestigious reviews — including a report authored by the [U.S. National Research Council](#) and a meta-analysis published by a team of [Harvard scientists](#) — have raised red flags about the potential for low levels of fluoride to harm brain development in some members of the population.

The NRC Review (2006)

In 2006, the [National Research Council](#) (NRC) stated that “it is apparent that fluorides have the ability to interfere with the functions of the brain.” In addition to calling for U.S.-based research on fluoride’s IQ effects, the NRC expressed concern about fluoride’s possible contribution to [dementia](#). According to the NRC: “Studies of populations exposed to different concentrations of fluoride should be undertaken to evaluate neurochemical changes that may be associated with dementia. Consideration should be given to assessing effects from chronic exposure, effects that might be delayed or occur late-in-life, and individual susceptibility.”

If you are not convinced thus far, perhaps this youtube.com video may help. Watch Professor Paul Connett: Your Toxic Tap Water <https://www.youtube.com/watch?v=zo6SnmMP9k>

A frequent question/answer I hear a lot regarding this information is "Why would the FDA allow Fluoride if what you claim about it is so true.". The answer is easily found in understanding and investigating into and the history of the medical industry and the very nature of Corporate America. Corporations are in business to find customers and keep them, and this is what they accomplish. In this case, it is all about the money. What tooth paste should accomplish is the very opposite of what it does now.



New research published in [The Lancet](#) by researchers from the Harvard School of Public Health (HSPH) and the Icahn School of Medicine at Mount Sinai (ISMMS) found that various chemicals that many children are exposed to are having a direct effect on the creation of disorders labelled under the name ADHD as well as other mental disorders. One of the chemicals said to be having an effect is fluoride, or variations of fluoride.



A pineal gland. Fluoride is deposited here as a result of consumption of fluoridated water.

Your TOOTHPASTE



Tells You

“DO NOT SWALLOW”

FLUORIDE

Your Govt. Tells You To SWALLOW FLUORIDATED WATER

Drug Facts

Active ingredient: Fluoride
Sodium fluoride (0.24%) ... Antibody toothpaste

Use: Use in the prevention of dental decay.

Warnings

Keep out of reach of children under 6 years of age. If more than used for brushing is accidentally swallowed, get medical help or contact a Poison Control Center right away.

Directions: **Do not swallow.** Supervise children as necessary until capable of using without supervision.

adults and children 7 years and older: brush teeth thoroughly after meals or at least twice a day, or use as directed by a dentist or physician.

children under 6 years: restrict to good brushing and rinsing habits (to minimize swallowing).

children under 2 years: ask a dentist or physician.

Inactive ingredients: sorbitol, water, hydrated silica, PEG-32, flavor, cellulose gum, sodium saccharin, sodium lauryl sulfate, Blue 1.

Questions or comments? Call us at 1-800-952-6348 (M-F 9am-5pm ET) or visit our website at www.drugfacts.com

*(Contains Toothpaste Warning Label)

Learn More:

www.endfluoridemilwaukee.blogspot.com

END FLUORIDE MILWAUKEE

DEATH BY FLUORIDE



(it's in your water)



hydrox.com

4G-5G

**I tried to talk to people on the street about this.
That was a waste of time.**

THE HISTORY

1970-1980 we started with 0.008 megabits per second, 1st Generation

1990-2004 we were running at 0.512 megabits per second, 2nd Generation

2004-2006 we were running at 2 megabits per second, download a movie in 26 hours, 3rd Generation

2006-2010 we were running at 100 megabits per second, download a movie in 6 minutes, 4G

2018-2020 implementing 100,000 -300,000 megabits per second, download a movie in 3.6 seconds, 5G

THE PROBLEM OF 4G

Presently as our society is being used as human Gini-pigs, doctors and scientists can now see with conclusive evidence that 4G is the cause for an epidemic of health effects especially in children. Progress, there is no more need for us to debate this as before, the facts are in.

They have (among other things) found 4G to be responsible for a diabetes epidemic. Ironically the way scientists artificially produce diabetes in lab rats is by exposing them to 25,000 megabits per second for a short period of time.

Today we encounter 4G not just on our phones but from stores, schools, gas meters, appliances, groups of 4G devices in our surroundings at work, transportation, and in our homes and apartments. It adds up.

There have been no concerns of the effects of our exposure to 4G from any government agency nor from the wireless companies themselves. (why should they care, the faster it goes the more money they make) And sadly, no public group has had enough health concern to implement enough interest or change. People are complacent. Thus, neither the government nor the wireless companies are held accountable to any standard other than to increasing profits.

THE PROBLEM OF 5G

The same frequencies used for pain-inflicting crowd control weapons from a distance are utilized by the military. 5G can be felt not like 4G.

The plan is for 5G to communicate with many more times the devices that 4G now communicates with, increasing not only with much stronger radiation antennas, but a much more saturated radiation field. The reason why we are now inheriting 5G is because the public has not become aware, active, or communicative so as to guide government in implementing safe control standards. There is no concrete movement finding acceptable limits and turning them into laws to protect the public, there as of yet has not been enough of a voice from the public. But now would be a good time to wake up. If not we have to pay to put it up and we will have to pay with our health and finances to take it down.

For some interesting testimony see "[Dr. Sharon Goldberg Testifies at Michigan's 5G Small Cell Tower Legislation](#)" and other such testimonies before government. Some of these are being deleted for no good reason by youtube.com.

A SOLUTION

If you and people you know become aware, and make our concerns known, then the problem can go away. Please study it, talk about it, and make government responsible. Thanks, and have a nice day.

“Dear Christian Pastor”

**I sent the letter below out to thousands of pastors.
zero interest**

Dear Pastor,

Over the years we have been witnessing an unprecedented attack on human health from many places for various reasons. Most of these reasons have to do with exploiting the world and human kind for material gain. I myself have become a victim of some of these things. These attacks come upon the world in many forms, below are some examples:

1. Vaccines whose manufactures are willing to include mercury and carcinogens in their ingredients, and use mercury in the out of the ingredients used to wash vials that contain vaccines. I do not believe good working vaccines are any longer available to the public. Forced vaccines are a war crime and still cause Autism. A protection to the individual was created as international law: “The Nuremberg Code, is a set of research ethics principals for human experimentation set as a result of the Subsequent Nuremberg Trials at the end of the Second World War. The US Supreme Court has already declared: “Vaccinations are unavoidable unsafe medical products”. Therefore, Americans are protected by international and the national laws concerning Informed Consent. See Dr. Rima Laibow.
2. Chemtrail aluminum and barium dumping into the air we breathe, and the food we eat. Other cancer causing experimental aerosols are also being sprayed into the air on a daily basis out of military airplanes. One place to see this is by looking up chemtrail whistle blowers who work for the Airforce. The subject is no longer considered a conspiracy theory. Rosalind Peterson addresses the United Nations on September 3-5, 2007 in New York at the 60TH Annual DPI/NGO Conference on Climate Change, and Confirms that Chemtrails, Geoengineering, SRM are very real. The greatest heath concern in some places is lung cancer, which are believed to be from Chemtrails. There are aerosol fibers which are being sprayed into the air, which after they are inhaled create lung cancers.
3. GMO and pesticide laced foods that have no vitamins or minerals, which are not fit for human consumption.
4. Bread, which now is all bread grown on an industrial level has roundup laced poisons mixed in, which accumulate in the body, not fit for human consumption.
5. Fluoride which is more toxic then lead, which accumulates and calcifies brain tissue and is absorbed under the tongue, for which we are told not to swallow on the tooth paste tube. But if we are told not to swallow it, and if so call a poison control line, why is it being added to our drinking water, and then therefore all farming water added to our foods where you now have to swallow it? Fluoride has been used for killing rats and cockroaches because of its effectiveness. It was in fact a hazardous waste product of the chemical industry until they were able to reclassify it for human consumption eliminating costly disposal fees and creating a market for it. This is the history of how it has been introduced into the food, water, and toothpaste. In your stomach and in your mouth, there needs to be friendly bacteria to properly digest food and promote healthy gum tissue, Fluoride and Mouthwash kills that. It takes only 1 gram of fluoride to kill a child - the same amount in a toothpaste tube. Using fluoridated water in baby formula can kill newborns 6 months or younger.
6. Cell and wifi radiation magnifies and effects a mother’s baby for autism in the womb. Cell phone radiation from the hip pocket stops a man's seed from functioning killing off or mentally and physically impairs the future body of Christ. This is now a proven fact, as well as that these microwaves split DNA. People who sleep with their cell phone on at night or who allow themselves to be exposed to wifi are doing permanent damage to their health and their immune system. Regular use of microwave phones makes holes in the human brain. And it is now a matter of fact that if you have Lyme many doctors understand that you cannot be cured if you expose yourself to radiation at the same time. Cell phone and wifi are having a huge impact on the future of the human race.

7. Pharmaceuticals and Chemotherapy are defined as a cure for cancer and other such things when they are successful as a short-term solution. In the long term they are all poisons. We cannot trust the pharmaceutical establishment. Lasting health and cures come from understanding how God made the earth and the human body, and eating or not eating what God gave us to eat. Real cures come from systems God has already set in place, you are what you eat. For example, all plastics leach out Bisphenol A, and if you drink water out of plastic all day this is one of the greatest causes of cancer. Use a glass bottle instead. It is just these kinds of things you will never hear about from a pharmaceutical doctor. And when real cures are found for cancer and other such things the FDA and Big Pharma put these people out of business, and if they keep practicing people go to jail or get shot. Do some research.

8. All these things add up. I am now at a complete loss for what to do here while the Christian church is asleep under these kinds of serious attacks which dull down our thinking and the thinking of those we need to preach to. And this is the reason why I am now writing to you. And make no mistake, these things are now affecting your health and the health. Ignoring them will not make them go away. At the same time there are lies being propagated by those involved in these things which deny that there is any reason for concern. And you should know that this is typical in these industries, where these kinds of companies who are involved in corruption pay scientists and shills for biased studies. Satan controls this world, in this regard. The world of Monsanto, Big Pharma, Cell companies and the like stay in business by hiring people to disseminate false information. So therefore, it is my prayer that you will be wise and educate yourself in these matters and learn their importance to rightly shepherd the Church.

Being a pastor, you may think it is risky business and not so much fun to bring about prayers for these kinds of things that may rock the boat, because they are not readily understood and people like to mock at new information. But indeed, it is a Biblical calling, Ezekiel 33:6 warns the watchman that he is responsible if he does not warn the people, and the blood is on his hands, we are responsible. It says in Hosea 4:6 "My people are destroyed for lack of knowledge." We need to be aware of our surroundings and warn the flock among us if we are truly our brother's keeper and a shepherd of lost souls. Psalm 22 says of the shepherd: "He maketh me to lie down in green pastures: he leadeth me beside the still waters." And "Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over."

I am asking that you be able to take a stand against these kinds of attacks from Satan in regard to our health being stolen from us. What I am talking about can be illustrated in the history of the American Indians. They were lied to, vaccinated, involuntarily sterilized, exploited and robbed of their resources and their lands. Perhaps through prayer God in His divine mercy may bring about circumstances where Leviathan (Job 41) can be restrained. But I do not think it is going to happen without your prayers. I am hoping you can add this concern to your daily prayer list. Thank you for your attention in these matters.

Yours truly in Christ,

Donald Perry
directionalism@yahoo.com

Donald J Perry
5 Davis Ave.
Kearny, NJ 07032

[RZIM](#)

Attn: Cheryl Caudy Administrative Assistant, North American Region
4725 Peachtree Corners Circle Suite 250
Norcross, GA 30092
Office: (770) 449-6766 Main: (770) 798-6629 Email: cheryl.caudy@rzim.org

Dear Miss Cheryl Caudy,

I have been trying to reach Mr. Nabeel Qureshi through RZIM since sometime back in 2015. Thank you for returning my email and giving me a call. It is my hope that you and Mr. Nabeel Qureshi will now receive the following information that I have been trying to present to him contained in this letter. Please forward to him this letter addressed to you, and any books I will send to you. Thank you for your kind attention in this matter. The following is the information I wish to share with you and that I hope that if you find it helpful you can share with Mr. Nabeel Qureshi.

Back in early 2013 my son and I decided that we would go to Pakistan to meet with an evangelist Pastor Ravi Daniel who would help us preach the Gospel around Gilgit. While getting our papers in order we decided to do this through the World Council of Independent Christian Churches and a Dr. Lupoli. But Dr. Lupoli robbed the funds of \$20,000 that were to go to this new Pakistan ministry. Later we also learned that Pastor Daniel turned out to be an impostor as well, using photos and made up stories to received monies from unsuspecting Christians.

Since that time starting back in 2014 we starting making efforts to reach David Wood and Sam Shamoun to see if we could support their ministries. All the persecutions going on in Pakistan had made it unreasonable for us to try and go over there ourselves, so this was the next best thing. According to Sam if it was not for our support they would have been out of business, he tells us that we are the foundation of their foundational support. However, David Wood is now generating monies from Youtube.com, which is something new for him now generating a reasonable income, praise God.

We also branched out with shortwave radio into Pakistan with Pan American Broadcasting, but it is turning out to be very expensive without any way of knowing who we are reaching or what it is doing. We have been broadcasting daily debates that Sam and Dave has been having with Muslim scholars and ending it with the Gospel. This has been translated in to Urdu and some other Pakistani languages for our radio show Sacred Scriptures.

[BTW, and this is a little off topic nevertheless vital information. We define the Gospel as follows: If you can trust the Lord Jesus Christ, that He paid for your sin on the cross, then you are saved, and if you are saved and believe Him you will show that you believe Him by trying to do as He says. If you do not believe Him you will not be willing to take his advice. Nothing more nothing less. We are not co-saviors with Christ, Christ saves us from ourselves. Salvation is like a contract that is ratified the day you accept Christ as your Savior to save you. You do not save you, you do not save Christ, Christ saves you.]

Initially we wanted to find out if there were any projects you were interested in that we could assist you with. However at this point, our sole interest in contacting you is to rather share the information below with you.

Back in 2010 I lost the use of my hip joint, and this was a gradual thing that happened over the years doing heavy labor, until one day I moved something very heavy where after I became confined to a sickbed. If I

made any attempt to move I would be in excruciating pain. So, what I did was I starting studying the history and different kinds of hip joint replacements that were offered by modern doctors. However, with that at the same time I began to learn what had happened to my cartilage and why running to the hospital was something that could only be considered as a very last resort for a long list of reasons. Today I am nearing 90% and still learning how to get up to 100% recovery. In 2011 a year later after I was confined to a bed, I was able to get up on crutches and walk. So in the following months my son and I climbed El Captain in Yosemite Valley. Attached are two videos in a series 1-14 from youtube.com of my son and I, note the crutches in the background.

<https://www.youtube.com/watch?v=hYan14FCeLY>

<https://www.youtube.com/watch?v=Um3KUg02SY0>

Now moving forward I am still making progress.

This is what I learned and this you should know, and I will try to sum it up as briefly as possible in an order of importance.

1. God works all things together for the good, and the effectual prayer of a righteous man can move mountains.
2. I was poisoning myself with my own ignorance and things like glyphosate that has been added to our daily bread. "My people are destroyed from lack of knowledge." Hosea 4:6.
3. After receiving an education most doctors become un-teachable. They feel it is impossible to do any real research of their own or examine anything outside of what big parma dictates through the industry. For example, they do not care about facts or why something works or why some things do not work, that is not either the driving force of their industry nor within their ability to examine. They refuse the scientific method. They refuse any information that is not handed down to them directly from big pharma. This sometimes has to do with their ego and their own educational view of themselves and it may have to do with following the money and keeping their Doctors license. Why should they be willing to make things complicated for their profession? [A typical argument I present to Doctors is why should drinking fluoride be acceptable for you, if one glass of water contains the same amount that Crest or Colgate say is a good reason for calling their poison control hotline, and I can imagine especially if it is on a regular basis. Some interesting answers there.]
4. That the foundational pharmaceutical driven doctoral education and hospital companies are based on expanding the industry not on cures but on profits. In 2012, the top 11 global drug companies made nearly \$85 billion in net profits. NET. You don't make money when you give people good advice, i.e. what I am doing here and now.
5. You are what you eat. This idea kit and boodle is dismissed by the pharmaceutical industry. Rather it only has to do with your race and your genealogy. Nothing could be further from the truth. The number one cause of cancer in the US is fluoridated drinking water which in turn ends up in your bottled water and in your food. See Dr. Dean Burk. I have enclosed a youtube.com video and other information below:

Dr. Dean Burk - Fluoride causes cancer

<https://www.youtube.com/watch?v=ClqK7XvfLg0>

Also, estrogen is one of the key reasons for tumors, from using plastic even in your clothing is a carcinogen, but more so if you are always drinking out of plastic bottles even if they are said to be BPA free. See Dr Dr. Frederick vom Saal

Dr. Frederick vom Saal : On the Dangers of BPA (Bisphenol A)

<https://www.youtube.com/watch?v=lumavpFJXpI>

It is interesting that there have in fact been cancer hospitals that did phenomenally well, but they were put out of business by guess who?

See Dr. Leonard Coldwell <https://www.youtube.com/watch?v=DgbdNNfotwM>

See Dr. Peter Glidden <https://www.youtube.com/watch?v=zScMj14mUI8>

See Nobel Prize Winner in Medicine Dr. Otto Warburg.

See Rene Caisse. For more than 50 years until her death in 1978 at the age of 90, she treated thousands of cancer patients, most of them written off by doctors as terminally ill.

See Hoxsey: The Quack Who Cured Cancer - How The AMA & FDA Shut Down 17 Cancer Clinics

<https://www.youtube.com/watch?v=DTh4NjL40vo>

And finally, Chemotherapy has been proven in the past to only have an absolute success rate of 3%. See the attached study. Doctors argue that this only has to do with only one kind of cancer and some other lame excuses; you will have to come to your own conclusions. With chemo you are just poisoning yourself and the weak cells die off, that is not a cure. And radiation gives you cancer. The method of Chomo was first studied with a rat, among other rats, who when given chemo his cancer would disappear. But strangely the cancer would always come back again in a new form. Initially during World War II, naval personnel who were exposed to mustard gas and this is what started it all. But the truth is any cure for any diseases only has to do with your bodies ability to cure itself as God created you and God's grace, not with toxic chemicals nor costly pharmaceuticals all of which do nothing in the long run.

I collected a lot of facts about this and other things and am fully confident in what I have presented here to you today, and if you wish to know more feel free to contact me. However with the above basic and indisputable elements of truth, with this you should start your own research and start finding your own answers and start your own journey. Please keep in mind that there is at the same time a paid for smear campaign, two opposing "truths" as it would seem. See Quackwatch.com for that. We will keep you in prayer, and I hope you understand what I wrote from the humble perspective of these people who have been forever cured and their testimonials rather than from a perspective of the pharmaceutical industry and their temporary solutions.

Yours truly in Christ,

Donald Perry

PS See the Attachment Below on Chemo.

Clinical Oncology (2004) 16: 549e560
doi:10.1016/j.clon.2004.06.007

There are 12 pages total, for this book I only have the Abstract.

Overview

**The Contribution of Cytotoxic Chemotherapy
to 5-year Survival in Adult Malignancies**

Graeme Morgan*, Robyn Wardy, Michael Bartonz

**Department of Radiation Oncology, Northern Sydney Cancer Centre, Royal North Shore
Hospital, Sydney, NSW; yDepartment of Medical Oncology,*

St Vincent's Hospital, Sydney, NSW; zCollaboration for Cancer

Outcomes Research and Evaluation, Liverpool Health Service, Sydney, NSW, Australia

ABSTRACT:

Aims: The debate on the funding and availability of cytotoxic drugs raises questions about the contribution of curative or adjuvant cytotoxic chemotherapy to survival in adult cancer patients.

Materials and methods: We undertook a literature search for randomised clinical trials reporting a 5-year survival benefit attributable solely to cytotoxic chemotherapy in adult malignancies. The total number of newly diagnosed cancer patients for 22 major adult malignancies was determined from cancer registry data in Australia and from the Surveillance Epidemiology and End Results data in the USA for 1998. For each malignancy, the absolute number to benefit was the product of (a) the total number of persons with that malignancy; (b) the proportion or subgroup(s) of that malignancy showing a benefit; and (c) the percentage increase in 5-year survival due solely to cytotoxic chemotherapy. The overall contribution was the sum total of the absolute numbers showing a 5-year survival benefit expressed as a percentage of the total number for the 22 malignancies.

Results: The overall contribution of curative and adjuvant cytotoxic chemotherapy to 5-year survival in adults was estimated to be 2.3% in Australia and 2.1% in the USA.

Conclusion: As the 5-year relative survival rate for cancer in Australia is now over 60%, it is clear that cytotoxic chemotherapy only makes a minor contribution to cancer survival. To justify the continued funding and availability of drugs used in cytotoxic chemotherapy, a rigorous evaluation of the cost-effectiveness and impact on quality of life is urgently required. Morgan, G. *et al.* (2004). *Clinical Oncology* 16, 549e560

© 2004 The Royal College of Radiologists. Published by Elsevier Ltd. All rights reserved.

Key words: Chemotherapy, combined modality treatment, palliation, quality of life, radiotherapy, survival

Received: 18 August 2003 Revised: 20 April 2004 Accepted: 3 June 2004

My Blood Test



Don's blood test 3/2014

<https://www.facebook.com/notes/redirectionism-redirectionism/dons-blood-test-after-a-little-bit-too-much-chelation/257441147769178> Note in my blood test that I have no heavy metals, and no essential metals either, I had over chelated myself. This is why a blood test is important. Everyone should get one of these tests.

My Calcium Problem



My Disclaimer:

This is only my option on what I think has been working for me, if you need professional advice on health care on what will work for you, find a doctor and do what he says. See Quackwatch.com for that kind of professional help.

My Story:

In 2010 for over a year I could not walk, I could not sit, I could not do anything. It hurt to move at all, and I had to stay in a perfect position all the time, or else I would be in excruciating pain. I could barely get into the bathroom from the bed and onto the recliner for the rest of the day. Had I gone to the Hospital I would have been given a steel hip replacement, I had gradually over many years worn down my hip joint from cutting trees as a logger until it was bone on bone. Doctors say it is impossible to grow back cartilage. But instead what I did was amazing, I watched a lot of youtube.com videos from holistic doctors. Doctors who are concerned about pure healthy foods (like coconut oil) rather than poisons (like fluoride) for health treatments. The first thing I did was I changed my diet, I stopped eating Special K, gluten, processed sugar, pasteurized milk, fluoride, and carrying my cell phone in my right pocket. I reasoned that I might be able to build my cartilage back in 6 years after watching these videos. After a year I was able to get off the couch with the help of crutches, and now it is 2015. I am getting close to 100% healed, and I presume by the summer of 2017 I will not feel anything and be perfect. Today I am also informed decisions and information to rebuild the rest of my body, from the beginning of my injury my goal was to climb the Eiger in the Swiss Alps. I found other important information as well. Poor health and disease primarily has to do with what you put in your mouth. It is my hope that the information I have collected here will benefit others. My opinion today is that we have been misled, and things are not as bad as we have been told that they are, and that many of these problems we are facing today are totally preventable.

A simple rule to remember that should help is, you are what you eat, and if you ingest things that are poisons to your body you will suffer from those poisons. It is a very simple idea really.

Although we would like to simply trust our doctors and dentists, the truth of the matter is that you need to take personal responsibility for your own health. And I already proved that be the contradiction that Fluoride cannot be both good and bad for you at the same time. There may be benefits to using poisons immediately, but my personal opinion is that they demonstrate no lasting value to the human body. I think that our bodies have a wonderful design, and that what we should rely on is simply eating what is intended, what makes sense, and what works.

Update 2019. Looking back now, I think I had a food problem and a spirochete problem at the same time.

LYME DISEASE

Presently Lyme disease is now at epidemic proportions. When I would go climbing here and there it was not uncommon for me to find ticks crawling around on my pants or on my body. You can check yourself for ticks regularly, but after you get in the house they may jump off your clothing and onto the floor. And now these bugs are as small as the head of a pin. If you become careless one time you could get infected.

After climbing in Ramapo one day, I got home and checked myself for ticks, twice and did not see any. But later that night I discover the Lone Star Tick on my side. I sent it to a lab, but they did not find anything.

Later on, I developed a giant bull's eye and thereafter developed meningitis. I had been reading Stephen Harrod Buhner concerning herbs as well as believing there was a cure in hypothermia microwave sauna. I bought a sauna dome for \$2,500.00 and tried it every week for a few months, but it never worked because I could not sustain the necessary 107 degrees without the pain killers.

The meningitis was not a problem, I got rid of that in the bathtub at 112 for 15 minutes, but I did it for about a month to be safe, this was before I bought the sauna.

After I spoke to Marcus Freudenmann Truly Heal he convinced me I was wasting my time using his sauna dome as my primary solution. He said rather I needed to concentrate on diet and my immune system.

Therefore, I threw out the Dr. Rawls supplements which were too costly and not working. I ordered the important ingredients noted by Buhner as well as Dan D. Lyon in large quantities in bagged powders, and additionally I added raw onions, peppers, ginger, garlic, and turmeric to my breakfast.

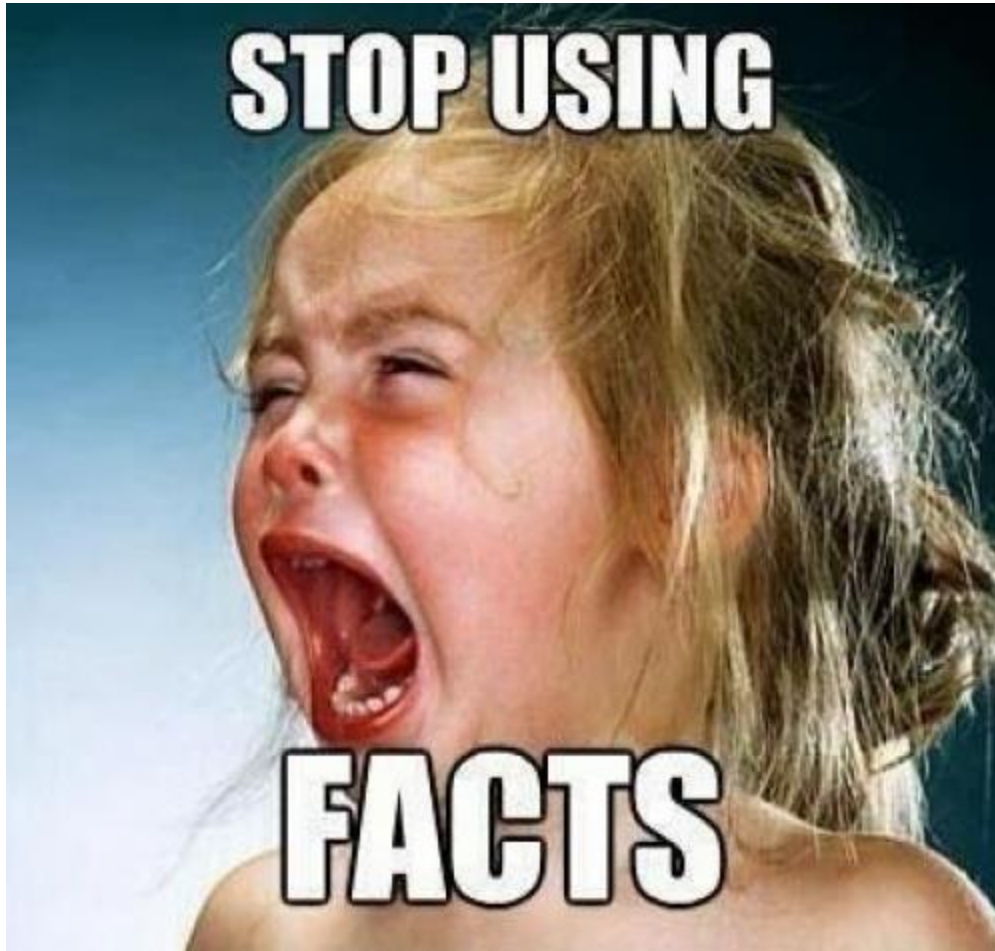
Thereafter I used mostly the North American Herb and Spice Dr. Cass Ingram recommended oregano capsules, tincture, and juice. That too is expensive, and that alone did not work in the dosages I was using, approximately 14 capsules a day.

The next step was that I used both the bagged powders and the NA Spice oregano, and that worked well enough that I did not get traveling joint pains. What works best over all but not alone is the tinctures of ginger and oregano. And I also added to this the Wim Hof breathing and Cold therapy.

I also use exercise to determine where I am. Doing no exercise for a few months to then go out to exercise will make for swollen joints and popeye elbow and knee if you are heavily infected. If the herbs are working then doing such will not develop the herxheimer reaction. Once you can establish that there is no effect then you know you have the right dosages.

It took almost a year and a half to figure all that out, but it worked. Today I am no more afraid of ticks. At some point I should be able to stop the herbs if I am doing enough herbs for a long enough of a period of time, but I will probably keep going with smaller doses in the future for when may get bit again. But I do not think I would bother with the antibiotics next time again either.

You-Tube-Video



**If the link is broken you can look it up by the name of the movie.
Good movies to start with, found on youtube:**

The Beautiful Truth

Sugar The Bitter Truth

5 Secrets for Beautiful Teeth <https://www.youtube.com/watch?v=hf1Vlc9ObQ>

How to Care for Your Teeth! with David Wolfe
<https://www.youtube.com/watch?v=giRiXI-HY-4>

Cure Cavities and Repair Tooth Decay Naturally - CURETOOTHDECAY.COM
<https://www.youtube.com/watch?v=LmxvWwYHma0>

Matt Monarch, David Wolfe

Misc: Bill Schnoebelen - The Medical Conspiracy

The link is set to start 10 minutes into the video,
I am trying to get to the point of what this is about.

<http://youtu.be/GSQwS1Hf0yE?t=10m2s>

.

Misc: Natural news newsletter, has a search engine

www.Naturalnews.com

Misc: Dr. Rima Laibow - Depopulation Conspiracy & Self Healing

<https://www.youtube.com/watch?v=4feaQKL4v4Y>

Misc: The Cure of All Disease / being alkaline is important

http://www.youtube.com/watch?v=8iGM_h0OL-g

.

Misc: Health freedom USA Dr. Rima

http://www.healthfreedomusa.org/?page_id=187#join

.

Misc: Jones Info Wars, has information about food.

<http://www.infowars.com/>

Big Pharmaceutical Executive Turns Whistleblower

<https://www.youtube.com/watch?v=g8bt8eUB1CU>

.....

AIDS The HIV/AIDS Hoax Explained Robert E. Willner

<https://www.youtube.com/watch?v=EDa6JE8Izpg>

.

AIDS: House of Numbers movie.

<https://www.youtube.com/watch?v=BwgmzbnckII>

AIDS: Who is Gallo?

<http://www.youtube.com/watch?v=C8icHhRT3Fc>

.

ASPERTAIN: Sweet Misery, A Poisoned World (Aspartame)

https://www.youtube.com/watch?v=ZI7_8FDzuJE

.

CANCER / BREAST

[Http://www.MushroomWisdom.com](http://www.MushroomWisdom.com) Maitake D-Fraction \$25.00.

Brain Mate from MW has also been suggested.

.

Cancer: Do Dental X-Rays Cause Brain Tumors?

<https://www.youtube.com/watch?v=kYGkvMwqyys>

.
Cancer: The Sun Doesn't Cause Skin Cancer, But Sunscreen Does!

<https://www.youtube.com/watch?v=cqSMY2tBiq8>

.
Cancer: SUN, THE: BAD SKIN PRODUCT

- Parabens
 - Placental Extracts
 - Benzophenones and other UV screens ebruaMVn 1800-333-7680
 - Butylparaben
 - Isobutylparaben
 - Ethylparaben
 - Methylparaben
 - Propylparaben
- ETC. ... look for links.

.
CANCER HPV GARDASIL Is the HPV Vaccine [Gaurdasil] Used as Population Control?

http://www.youtube.com/watch?v=Z_mqgbWwE8

.
CANCER: Bill-Gates on Vaccinations

<http://www.youtube.com/watch?v=fi1DRGcSets>

.
CANCER: Every Cancer Can be Cured in Weeks explains Dr. Leonard Coldwell

<http://www.youtube.com/watch?v=DgbdNNfotwM&feature=fvwrel>

.
CANCER:

<http://cutpoisonburn.com/>

.
CANCER: Chemotherapy Kills

<http://www.youtube.com/watch?v=TqIzX67pEw8>

.
Cancerous Tumors or a Buildup of Toxins?

<https://www.youtube.com/watch?v=mc0Oka6by9U&feature=fvwp&NR=1>

.
CANCER: Dr Say's Chemotherapy is a Waste of Money

Clin Oncol (R Coll Radiol). 2004 Dec;16(8):549-60.

The contribution of cytotoxic chemotherapy to 5-year survival in adult malignancies.

Morgan G, Ward R, Barton M. Department of Radiation Oncology, Northern Sydney Cancer Centre,

Royal North Shore Hospital, Sydney, NSW, Australia. gmorgan1@bigpond.net.au
<http://www.ncbi.nlm.nih.gov/pubmed/15630849> This study is here also, but I
have yet to find it: <http://jco.ascopubs.org>

Chemotherapy is a Waste of Money

<https://www.youtube.com/watch?v=XdLyMhNdcSc>

.
Cancer: FREE: First 36 of 108 minutes of "Burzynski - Cancer Is Serious Business"
<http://youtu.be/S81PXHwjMAQ>

.
CANCER: Graviola | Soursop | Fruit - A Natural Cancer Cell Killer
<http://www.youtube.com/watch?v=LICiOm7xbzs>

.
CANCER: CANCER - The Forbidden Cures - TRAILER
<http://www.youtube.com/watch?v=EtjvbE9w58A>

.
Cancer clip mentions a 12 study in the Journal of Onconicology
showing that chemo does not work
<http://www.collective-evolution.com/2013/04/11/study-shows-chemotherapy-does-not-work-97-of-the-time/>

.
Cancer study mentioned in the above video found in
<http://www.burtongoldberg.com/>

Clinical Oncology (2004) 16: 549e560

doi:10.1016/j.clon.2004.06.007

<http://www.burtongoldberg.com/home/burtongoldberg/contribution-of-chemotherapy-to-five-year-survival-rate-morgan.pdf>

.
CANCER: Preventing and Healing Cancer Naturally with Dr. Jameth Sheridan at the
Integrated Health Conference

<https://www.youtube.com/watch?v=XVHD-GeL0vY>

.
CANCER: Dr. Jameth Sheridan on the Link Between Sugar and Cancer #539
<https://www.youtube.com/watch?v=nGsLPCKf2v4>

.
CANCER: Cell phones and wifi **"NOT FOR PUBLIC RELEASE" YOU ARE
NOT SUPPOSED TO KNOW" A MUST WATCH**
<https://www.youtube.com/watch?v=kYP4TJXm4cg>

.
Cancer: FUKISHIMA: Radiation over the years and = 1 Fukishima accident
<http://www.youtube.com/watch?v=LLCF7vPanrY>

.

Cancer: FUKISHIMA: US Army General Warns of Impending Fukushima Doom

<http://www.prweb.com/releases/2012/5/prweb9498292.htm>

•
Cancer: FUKISHIMA: Gunderson

<http://fairewinds.com/fukushima>

•
CANCER:

GcMAF: THE AMAZING ANSWER FOR YOUR HEALTH.

Just diet will cure stage 3 cancer.

<https://www.youtube.com/watch?v=KqMohmjJ4mg>

•
CANCER:

Rene Caisse and her Herbal Cancer Treatment ESSIAC

THE SECRETS OF RENE CAISSE'S HERBAL PHARMACY

<http://www.healthfreedom.info/cancer%20essiac.htm>

•
Cancer:

GcMAF and Cancer (Group Component Macrophage Activating Factor)

<https://www.youtube.com/watch?v=ie-0TfYyV0E>

<https://www.youtube.com/watch?v=6CApovuwZEs>

•
Cancer:

WNT16B chemo causes resistance

<http://www.anoasisofhealing.com/the-chemotherapy-cover-up/>

•
CHEMTRAILS: Barium in the Blood: Chemtrails? Version no music:

I believe someone has the contract

to change the weather do this work, that may have nothing to do with anything intentional other than to

make money under faulty assumptions. There are Chemtrails over Washington, DC.

http://www.youtube.com/watch?v=7d11M_HztjM

•
CHEMTRAILS: "The Great Culling" Official Air Trailer

<https://www.youtube.com/watch?v=79llvyjAqzE>

•
CHEMTRAILS: Chemtrails, Here is your PROOF 100% Real "MUST WATCH

<https://www.youtube.com/watch?v=L5is16A8pfw> See also

<http://www.agriculturedefensecoalition.org/>

.
CHEMTRAILS: Barium Totally Exposed
http://www.youtube.com/watch?v=A-wbJL_GcvE

.
CHEMTRAILS: Barium -jet-caught-in-the-act.flv
<http://www.youtube.com/watch?v=oTxbvmjLxbg>

.
CONSTIPATION AND COLONOSPY: / Yikes
<http://youtu.be/akACeJDWSPs>

.
CONSTIPATION AND COLONOSPY: Diverticulitis
http://www.youtube.com/watch?feature=player_embedded&v=Mwa1qu9W2mM

.
CONSTIPATION AND COLONOSPY: Increase fiber to deal with it
<http://www.youtube.com/watch?v=kYMbK4pMYNo&feature=related>

.
CONSTIPATION AND COLONOSPY: Diverticulitis & Nuts
<http://www.youtube.com/watch?v=oLDJuZ9Ct7k&feature=related>
CONSTIPATION AND COLONOSPY: Diverticulosis why eat more vegetables and drink more water?
<http://www.youtube.com/watch?v=D76qndUOSz4&feature=fvwrel>

.
FOOD: Fukushima no GMO and
<http://www.youtube.com/watch?v=AuK7-af6diA&feature=related>

.
FOOD: for sale with less radiation Dr. Rima E. Laibow MD

.
Food: Radiation in food Experts
<http://www.youtube.com/watch?v=UJIEZvX4PZI>

..
Food: Fish Intake Associated With Brain Shrinkage
<http://nutritionfacts.org/video/fish-consumption-associated-with-brain-shrinkage/>

.
Food: Amalgam Fillings vs. Canned Tuna
<http://nutritionfacts.org/video/amalgam-fillings-vs-canned-tuna/>

.
.

Food: CodexAlimentarius.org Explained in 6 min

<https://www.youtube.com/watch?v=WAk2blRHdNE>

.

Food: Infant Seizures and Spirulina

<https://www.youtube.com/watch?v=L5vdz637DWk>

.

FOOD: Crazy Go Raw Now Trailer

<http://www.youtube.com/watch?v=z3xOU2tLl7g>

.

FOOD: GMO FOOD / The world according to Monsanto

https://www.youtube.com/watch?v=N6_DbVdVo-k

.

Food: BREAD: Gluten: What You Dont Know Might Kill You

<https://www.youtube.com/watch?v=yLJSmJ0bMlk>

.

Food: Is Sodium Benzoate Harmful?

<http://nutritionfacts.org/video/is-sodium-benzoate-harmful/>

.

MS Cure:

<http://www.abc.net.au/catalyst/stories/3572695.htm>

He believed that Sarah's MS was triggered by an infection. The bacterium he honed in on was called Chlamydia Pneumoniae. David worked tirelessly to find a solution. Together with a colleague in the US, he formulated a cocktail of antibiotics to eradicate this insidious bacterium. **Dr David Wheldon** It's been shown that a single antibiotic doesn't eradicate the organism, and these three antibiotics work together in a very specific way.

.

Osti: MILK: not about: Blue Green Algae (Organic Super Foods) Blue Green Algae

<https://www.youtube.com/watch?v=gobvYC3iHcw>

OSTEOPOROSIS: MILK, FRACTURES, OSTIOPOROSIS EAT SPINICH INSTEAD /

Raw Milk sold by the Amish can be digested by those who are lactose intolerant.

.

OSTEOPOROSIS: Dairy: 6 Reasons You Should Avoid It at all Costs

<https://www.youtube.com/watch?v=0O-ehIkwGME>

.

OSTEOPOROSIS: Cows have strong bones, so why don't we?

http://www.naturalnews.com/038301_cows_strong_bones_pharmaceutical_drugs.html

•
OSTEOPOROSIS: It's Likely Not Alzheimer's, And Likely Treatable
<http://www.youtube.com/watch?v=qj64rbjUCwI&feature=relmfu>

•
Osteoporosis: David Wolfe Food Genius / Recommends Magnesium Glycinate from Metabolic Maintenance and Bone Collagenizer from BioSil
<https://www.youtube.com/watch?v=N94VyyCdbXM>

•
OSTEOPOROSIS: Safe and Effective Osteoporosis Treatments
<http://www.youtube.com/watch?v=vjoJy0T1Tds&feature=relmfu>

strotcham vitamin D osteo

strong from low testosterone, magnesium Epsom salts, joints are made of glucosamine condordin

•
Osteo: Diet & Rheumatoid Arthritis

<http://nutritionfacts.org/video/diet-rheumatoid-arthritis/>

•
Osteo: Turmeric Curcumin and Osteoarthritis

<http://nutritionfacts.org/video/turmeric-curcumin-and-osteoarthritis/>

•
OSTEOPOROSIS: Treat Arthritis Naturally

<http://www.youtube.com/watch?v=MUI1dbddsGg&feature=relmfu>

•
OSTEOPOROSIS: Natural Treatment for Osteoporosis

<http://www.youtube.com/watch?v=fznfIMQwGiI&feature=related>

•
PARASITES: Dr Clark

<https://www.youtube.com/watch?v=qOdrxhM30w>

<https://www.youtube.com/watch?v=90c1AwBI4PE>

<https://www.youtube.com/watch?v=c7WZnYtQOpU>

<https://www.youtube.com/watch?v=R6vLGppqrHk>

<http://www.youtube.com/watch?v=yBPOzrDrmyU> Morgellons parasites from chemtrails

•
Plastic: Bisphenola Free? LOL! Think again.

<https://www.youtube.com/watch?v=R7lEqtoB57g>

•
Plastic: BPA Free

<http://www.motherjones.com/environment/2014/03/tritan-certichem-eastman-bpa-free-plastic-safe>

•

Although there are sites which claim otherwise, they are not geared toward unbiased and the same kinds of studies found above.

.
PLASTIC BISPHENOLA. Bisphenol A (BPA) Contaminating Our Food
http://www.youtube.com/watch?v=N3_cYZKksvI&feature=related

.
PLASTIC BISPHENOLA. FDA and mother who does not like plastic
<http://abcnews.go.com/WNT/video/fda-refuses-ban-bpa-16046330>

.
Plastic: BPA Plastic and Male Sexual Dysfunction
<http://nutritionfacts.org/video/bpa-plastic-and-male-sexual-dysfunction/>

.
PLASTIC BISPHENOLA.
<http://www.youtube.com/watch?v=kKSorzoHUfg>

.
Plastic: BPA Free Plastic Safe? Guess Again!
<https://www.youtube.com/watch?v=R7IEqtoB57g>

.
SOY: Soy Myths Exposed: The Dangers of Soy
<https://www.youtube.com/watch?v=0uIn2L90wA8>

.
SUGAR: THE BITTER Truth / & Honey
<https://www.youtube.com/watch?v=dBnniua6-oM>
http://www.happyhealthylonglife.com/happy_healthy_long_life/2011/03/sugar.html

.
Sugar: 60 Minutes: Is Sugar Toxic? Latest Research Says So
<https://www.youtube.com/watch?v=pxG3YiBMMZE>

.
Sugar: Fat Chance: Fructose 2.0
<https://www.youtube.com/watch?v=ceFyF9px20Y>

.
SUGAR:
<https://www.youtube.com/watch?v=tdMjKEncojQ>

.
SUGAR: The Skinny on Obesity
<http://www.uctv.tv/skinny-on-obesity/>

.
Teeth FILLINGS, DENTIAL

<http://www.hugginsappliedhealing.com/>

•
Teeth FILLINGS: DENTAL

<http://iabdm.org/>

•
Teeth healing:

What to Do About Yellow Teeth #391

<https://www.youtube.com/watch?v=Gj-g2Futv5k>

•
Teeth FILLINGS: DENTAL: Watch Brain cell death caused by Mercury Killing neurons Autism ASD

https://www.youtube.com/watch?v=N064Gp1r_98

Teeth FILLINGS: DENTAL Smoking Teeth = Gas.

<https://www.youtube.com/watch?v=hqIdGwAMxxs>

FILLINGS: DENTAL Smoking Teeth = Gas.

is the miners test used on gold. Water vapor does not rise on a green screen, but mercury vapors do.

However pharma. companies show otherwise and say things like

"That is not Mercury. That's water vapor. Mercury vapor is almost 7 times more dense than air and would "sink"

considerably. " here: <http://quackfiles.blogspot.com/2005/04/smoking-teeth-truth-gets-smoked-out.html>

There is 160 tons of Mercury vapor go up into the atmosphere from burning fossil fuels and travels into all of the oceans around the world, rather than land next to the power plants. Why doesn't all the mercury just sink straight to the bottom of the ocean? The biggest single source is the burning of fossil fuels, especially coal, which releases 160 tons of mercury a year into the air in the United States alone. From there, rainfall washes the mercury into the ocean."

The long answer is here:

<http://curezone.org/forums/fm.asp?i=778769#i>

•
Teeth: IT REALLY IS MERCURY!

<https://www.youtube.com/watch?v=4qvNf4NVZvI>

.
Teeth, soda has bad effects for teeth: Teeth destroyed by phosphoric acid in sodas - shocking microscopic

video <https://www.youtube.com/watch?v=sg8Fn7N35-w>

.
Teeth: Fluoride Causes Cancer - Dr Dean Burk Ph.D

<http://youtu.be/r7CxjCHf4R8>

.
Teeth: Russell-Blaylock ~ Fluoride's Deadly Secret

http://youtu.be/fB3xcN_eoPo

Teeth The Dangers of Dental Amalgam (Mercury Poisoning Side Effects Silver Fillings

https://www.youtube.com/watch?v=WeanAuZK_DY

.
Teeth Mercury Filling Removal Dangers

<https://www.youtube.com/watch?v=igCxMYviSTA>

.
Teeth Heavy Metal Toxicity: Signs and Symptoms That You May be Toxic Part 3 /Chelation

<https://www.youtube.com/watch?v=xvd6m8is9yU>

.
Teeth ROOT CANALS / SEE A BIOLOGICAL DENTIST

<http://articles.mercola.com/sites/articles/archive/2012/02/18/dangers-of-root-canaled-teeth.aspx>

.
Teeth Fluoride: The Great Culling: Our Water Official Full Movie

<https://www.youtube.com/watch?v=P7BqFtyCRJc>

.
Teeth FLUORIDE: Professional Perspectives: Fluoride in Tap Water

<http://www.youtube.com/watch?v=Ys9q1cvKGk>

.
Teeth FLUORIDE: Fluoride Call to Action

<http://www.youtube.com/watch?v=51SjAjTSbCI>

.
Teeth FLOURIDE: Fluoride - Dr. Phyllis Mullenix pt. 1, 2 & 3

<http://www.healthfreedomusa.org/?p=11737>

.

VACCINES: Alex Jones / Vaccine Death Coverup Implodes Worldwide
http://www.youtube.com/watch?v=TP_kei648oI

VACCINES: Who is Julie Gerberding CNC Vaccine President?

http://www.youtube.com/watch?v=KJ4m_fpYMx0

[Vacciness -The truth behind vaccinations-](#)

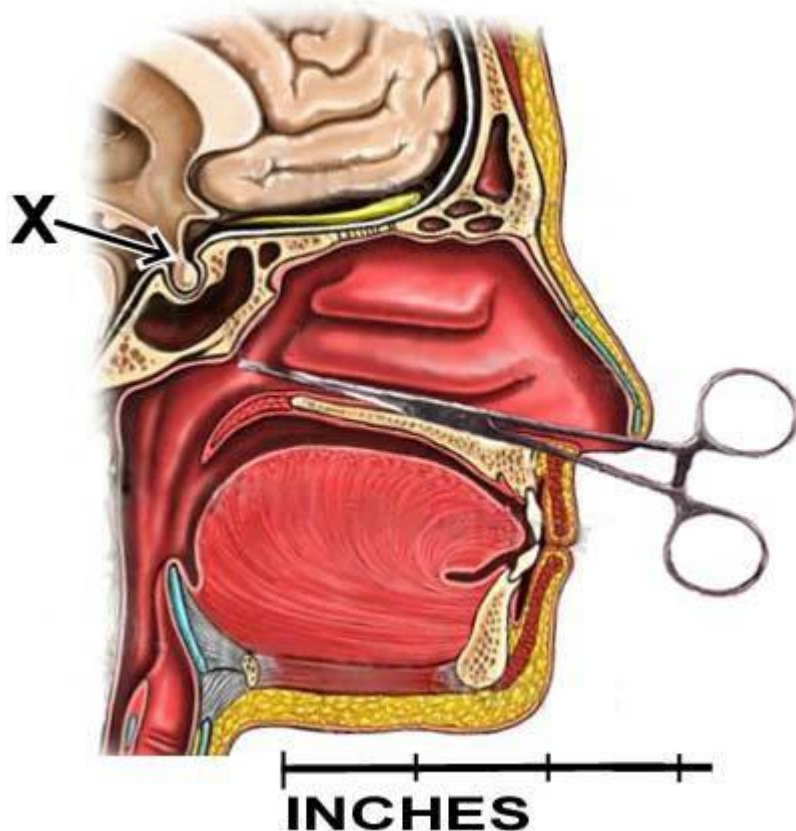
<https://www.youtube.com/watch?v=PQsVTlMsQrI>

Vaccines: Silent Epidemic; The Untold Story of Vaccines Movie dire

<https://www.youtube.com/watch?v=K1m3TjokVU4>

VACCINES: Vaccines spiked with sterilization chemical - Health Ranger Report

<https://www.youtube.com/watch?v=UExQeqGP1j4> HCG



Summation – Fluoride & Pineal Gland:

X marks the spot where your Pineal Gland is, there's not much separating tissue between your Pineal Gland and your fluoride nuro-toxin toothpaste.

Up until the 1990s, no research had ever been conducted to determine the impact of fluoride on the pineal gland – a small gland located between the two hemispheres of the brain that regulates the production of the hormone melatonin. Melatonin is a hormone that helps regulate the onset of puberty and helps protect the body from cell damage caused by free radicals.

It is now known – thanks to the meticulous research of Dr. Jennifer Luke from the University of Surrey in England – that the pineal gland is the primary target of fluoride accumulation within the body.

The soft tissue of the adult pineal gland contains more fluoride than any other soft tissue in the body – a level of fluoride (~300 ppm) capable of inhibiting enzymes.

The pineal gland also contains hard tissue (hydroxyapatite crystals), and this hard tissue accumulates more fluoride (up to 21,000 ppm) than any other hard tissue in the body (e.g. teeth and bone).

After finding that the pineal gland is a major target for fluoride accumulation in humans, Dr. Luke conducted animal experiments to determine if the accumulated fluoride could impact the functioning of the gland – particularly the gland's regulation of melatonin.

Luke found that animals treated with fluoride had lower levels of circulating melatonin, as reflected by reduced levels of melatonin metabolites in the animals' urine. This reduced level of circulating melatonin was accompanied – as might be expected – by an earlier onset of puberty in the fluoride-treated female animals.

Luke summarized her human and animal findings as follows: “In conclusion, the human pineal gland contains the highest concentration of fluoride in the body. Fluoride is associated with depressed pineal melatonin synthesis by prepubertal gerbils and an accelerated onset of sexual maturation in the female gerbil. The results strengthen the hypothesis that the pineal has a role in the timing of the onset of puberty. Whether or not fluoride interferes with pineal function in humans requires further investigation.”

<http://spiritualdeepdish.wordpress.com/page/5/>

.

Could this be really one function of the Pineal Gland?

But to make sure we better treat it with Fluoride; this why they will never make connection with there spirit & truth.

There are no coincidences & everything in this world has a reason.

Tom Kenyon is an amazingly talented sound healer, teacher, musician, shaman, and singer. His talents provided us with special gifts of healing and expansion.

On Sunday, October 31, 2010 at 3pm Pacific Daylight Time, Tom will be facilitating a planetary meditation aimed at activating and expanding the pineal gland.

The pineal gland is an endocrine gland located in the center of the brain behind the eyes. In the metaphysical realm it is a known link between physical and spiritual worlds. It's the place where we gain access to our higher consciousness, creativity, and awareness.

Around the time a child goes through puberty the pineal gland begins to shrink and the connections between humans and spiritual dimensions shifts. We interact and rely more upon the physical world than the insight of our higher-self.

Manifesting what we desire is a co-creative process between the physical and spiritual worlds. Manifesting is impossible without God's hand. Yet, many people continue to attempt to manifest without God. This is the ego, which stands for edging God out, acting like a child saying, "I'll do this myself, my way, my terms (blah, blah, blah)!"

When manifesting from ego we limit what we receive. Manifesting everything we desire, loving relationships, health, and wealth, requires a constant humble connection with **our God-self**. Expanding our connection with our **God-self** is necessary at this time to accommodate the shifting cosmos and higher vibrations. This is done by activating the pineal gland. Tom Kenyon has provided a meditation gift called the Crystal Palace Within meditation to assist in this process. This FREE gift is available at his website under the "Sound Gifts" tab, simply click on the terms agreement and download the audio file.

This powerful meditation is an instrumental way to access your higher-consciousness and achieve greater awareness. On Sunday October 31, 2010 at 3pm PDT you can participate in a world-wide meditation by listening to the Crystal Palace meditation in the comfort of your own home and expand the consciousness of the planet.

For over 11 years I have been activating and expanding the pineal gland of my client's. They have seen amazing shifts in their results through this activation process and fostering a constant connection with their Creator. We are in the "year of manifesting." The time is NOW! Join us where ever you are by listening to Tom's meditation this Sunday.

Are you interested in learning more about the pineal gland and having a personal session to activate it? [Click here](#) to contact our office to schedule a time.

Recent Findings Relating to the possible role of the Pineal Gland in affecting Psychic Ability.

S. M. Roney- Dougal.

[Source] Journal of the Society for Psychical Research, Vol. 55, No. 815, p. 312-327.

Abstract

In recent years findings in neurochemistry and anthropology have given greater credence to the folklore which states that the pineal gland is the 'third eye', source of 'second sight', 'seat of the soul', or psychic centre within the brain (ajna chakra).

Recent neurochemical research has identified a class of compounds called beta-carbolines which appear to be endogenously produced in the pineal gland, most interest centering on the 6-

methoxy-tetrahydrobetacarboline (GMeOTHBC), now being called pinoline. Beta-carbolines are found in the pineal gland in quantities equivalent to melatonin, the major pineal neurohormone, from which they may be synthesized. Beta-carbolines are neuromodulators in that they play a role in the fine tuning of the action of neurotransmitters (Buckholtz, 1980).

This neurochemical evidence concerning the pineal gland links directly with anthropologists' reports on the usage of a vine of the genus *Banisteriopsis* by South American tribes in the Amazon area. The Indians use the vine specifically for psychic purposes: to induce out-of-body visions, to assist in healing, for clairvoyance and for precognition. There are dozens of psychoactive plants in the Amazon basin, yet ALL of the tribes scattered over this vast area use this vine for psi effects. Chemical analysis of the vine reveals the presence of various harmala alkaloids, these being chemically very closely related to the pinoline found in the pineal gland. The presence of pinoline, and also what we now know of the various functions of melatonin, in the pineal gland, appear to link directly with, and make sense of, many experimental findings in parapsychology:

You Tube Video II



The Experts Agree



Fluoride Works!

- Toxic*
- Sedative*
- Waste byproduct*
- cumulative*
- causes osteoporosis*
- causes kidney damage*

David Wolfe on food, all about health

<https://www.youtube.com/watch?v=IRBpvsYmffQ>

I Love Nutritional Science: Dr. Joel Fuhrman at TEDxCharlottesville 2013

<https://www.youtube.com/watch?v=E4katnfHzXA>

The Greatest Diet on Earth / A Melhor Dieta da Terra (2004) LEGENDA PT

<https://www.youtube.com/watch?v=DTEADyi0aJU>

Benny Hinn - Wellness and Longevity, Part 1

https://www.youtube.com/watch?v=WyF8ccuNw_w

Benny Hinn - Wellness and Longevity, Part 2

<https://www.youtube.com/watch?v=6TJgQ7f9J6E>

Benny Hinn - Wellness and Longevity, Part 3

<https://www.youtube.com/watch?v=mJOe4EjttyA>

Live blood cell analysis part 2 Dr. Chambers

<http://youtu.be/8U4Bv1JRii8>

live blood cell analysis Dr. chambers

<https://www.youtube.com/watch?v=kUnxB6Vyz-U>

Stephanie's Live Blood Analysis

<https://www.youtube.com/watch?v=9t1XdXo9G2E>

BLOOD TEST 2 - FIRST AFTER SILVER PULSER - V2

https://www.youtube.com/watch?v=I5bNj16_1gk

Live Blood Analysis Online Training Course - IS IT FOR YOU?

<https://www.youtube.com/watch?v=25I9qj5qhms>

3 Foods That Actually Get Healthier When You Cook Them

<https://www.youtube.com/watch?v=6CtXjnNB5Qs>

.

Broth-Drinks, interesting story about a new business that sells an alternative to coffee.

<https://www.youtube.com/watch?v=dr8v0dCdbP0>

.

*Enhancing Athletic Performance With Peppermint

<http://nutritionfacts.org/video/enhancing-athletic-performance-with-peppermint/>

.

*Turmeric Curcumin vs. Exercise for Artery Function

<http://nutritionfacts.org/video/turmeric-curcumin-vs-exercise-for-artery-function/>

.

*Bone Broth and Health: A Look at the Science

— Kaayla Daniel, Ph.D., CCN (AHS14)

<https://www.youtube.com/watch?v=3ZrgETZzb0A>

.

Diet & Rheumatoid Arthritis

<http://nutritionfacts.org/video/diet-rheumatoid-arthritis/>

Megahydrate - pH, surface tension and ORP Analysis

<https://www.youtube.com/watch?v=4xFFDCqZq20>

Megahydrate Live Blood Analysis

<https://www.youtube.com/watch?v=e27viliFtms>

Live Blood Analysis - Blood Sugar & Corn Syrup

<https://www.youtube.com/watch?v=QinveDTLMGQ>

.

Live Blood & Electromog / cell phone

<https://www.youtube.com/watch?v=L7E36zGHxRw>

Shocking Blood Samples Doctors Don't Want YOU to See!

<https://www.youtube.com/watch?v=L-rzVr8CAOA>

Stephanie's Live Blood Analysis

<http://youtu.be/9t1XdXo9G2E>

..

40 Year Vegan Dies of a Heart Attack! Why? The Omega-3 and B12 Myth with Dr. Michael Greger

<https://www.youtube.com/watch?x-yt-ts=1421914688&v=q7KeRwdIH04&x-yt-cl=84503534&spfreload=1>

.

* More Than an Apple a Day: Combating Common Diseases [sauerkraut and fermented pickles promote good digestion]

<http://nutritionfacts.org/video/more-than-an-apple-a-day-preventing-our-most-common-diseases/>

.

Turmeric Curcumin and Pancreatic Cancer

<http://nutritionfacts.org/video/turmeric-curcumin-and-pancreatic-cancer/>

.

Do Vegetarians Get Enough Protein?

<http://nutritionfacts.org/video/do-vegetarians-get-enough-protein/>

.

Cooked Beans or Sprouted Beans?

<http://nutritionfacts.org/video/cooked-beans-or-sprouted-beans/>

.

Do Vegetarians Get Enough Protein?

<http://nutritionfacts.org/video/do-vegetarians-get-enough-protein/>

.

Juicing Removes More Than Just Fiber

<http://nutritionfacts.org/video/juicing-removes-more-than-just-fiber/>

.

Infectobesity: Adenovirus 36 and Childhood Obesity

<http://nutritionfacts.org/video/infectobesity-adenovirus-36-and-childhood-obesity/>

.

Preventing Alzheimer's Disease with Diet

<http://nutritionfacts.org/video/preventing-alzheimers-disease-with-diet/>

.

Kempner Rice Diet: Whipping Us Into Shape

<http://nutritionfacts.org/video/kempner-rice-diet-whipping-us-into-shape/>

.

The TRUTH about Stomach Acid!

<https://www.youtube.com/watch?v=lvSWGwKJavw>

Why you should use Apple cider vinegar or antacids and baking soda for indigestion?

<http://healthwyze.org/index.php/component/content/article/221-why-you-should-use-apple-cider-vinegar-instead-of-antacids-and-baking-soda-for-indigestion.html>

How to Build Your Hydrochloric Acid [Lemon, Ginger, Sea salt, zinc, drinking bitter greens, arugala, good hydrochloric acid kills bugs]

<https://www.youtube.com/watch?v=km6JIce16TM>

Green juices to build stomach acid up.

<https://www.youtube.com/watch?v=RJ2G63BEsM>

Hydrochloric Acid - Stomach Acid and how it affects your digestion / no stress
<https://www.youtube.com/watch?v=HzejXSmTHOg>

Low Stomach Acid Test
<https://www.youtube.com/watch?v=wjABpE0jIDo>

Treating Low Stomach Acid, Heartburn and GERD Symptoms
<https://www.youtube.com/watch?v=g2yaflzGd4M>

Flax Seeds for Hypertension
<http://nutritionfacts.org/video/flax-seeds-for-hypertension/>

Thyroid: Sherry Tenpenny, DO outlines the many disorders that come from iodine deficiency IAOMT 2007 L.V.
<http://youtu.be/hMjKmi12UX0>

Thyroid Health Program - with David Wolfe
https://www.youtube.com/watch?v=vfpmkI_iGuE
<http://longevitynowprogram2.com/Truth-and-Dave.html>

Diabetes: Raw Foods diet for Diabetes | Reversing Diabetes (Anthony Robbins, Morgan Spurlock)
<https://www.youtube.com/watch?v=61k16fct9c>

Diabetes: Overcame Type 2 Diabetes in 2 Weeks on a High Fruit Raw Diet: Bibi Zambrano's story.
<https://www.youtube.com/watch?v=o9fXi2YOEw4>

Diabetes: This is a crazy Type 1 Diabetic who is making progress. Below is her channel.
https://www.youtube.com/channel/UCIsu_cPCp2h8i3_2eTI8KOOQ

Journal of Orthomolecular Medicine
<http://www.orthomed.org/jom/jom.html>

Nutra-bullet grinder: I think is a very good idea provided you use it.
<https://www.nutribullet.com/site/faq>

WATER & SALT - CURE PAIN & PREVENT CANCER - 1-1
<http://www.youtube.com/watch?v=1jBD-6IQ6B8>

Raw Vegan Diet Warning Part 1
http://www.youtube.com/watch?v=Ft_SqZuvhME

Raw Vegan Diet Warning Part 2
<http://www.youtube.com/watch?v=XpTH-IhLNkc>

RAW FOOD
<http://rawfoodsos.com/>

Primitive Nutrition 2: I, Copernicus, Part I / THIS GUY IS A GENIUS

<http://www.youtube.com/user/PrimitiveNutrition?feature=watch>

http://www.youtube.com/watch?v=egqf7k5Lzhk&list=PLCC2CA9893F2503B5&feature=plcp&context=C4eafe64FDvjVQa1PpcFP_5FVP0Z289lrjASHGNqr0wNx4_GTNkpA=

<http://www.youtube.com/watch?v=VQGo8gc8028&list=PLCC2CA9893F2503B5>

RawBrahs

<http://rawbrahs.com/>

THE RAW FOOD WORLD: EATING TOO MUCH - 100% VEGAN, I do not agree, however he has the information about the fruits and vegetables.

<https://www.youtube.com/watch?v=xXCe2x5qjigo>

FREELEE TV - 100% VEGAN, I do not agree, however she has the information about the fruits and vegetables.

<https://www.youtube.com/user/Freelea>

HUNGRY FOR CHANGE Part 1

<https://www.youtube.com/watch?v=7-WWp9wlvwU>

MMS AND THE CURE FOR LYME, CANCER ETC

<https://www.youtube.com/watch?v=blxGtjItQ30>

MMS: Project Camelot interviews Jim Humble, the man behind MMS: Miracle Mineral Supplement

<http://youtu.be/PGjUp1zoov8>

MMSINFO.NET / Interview with Dr. John Humiston - Pt 1. - www.mmsinfo.net

<https://www.youtube.com/watch?v=xfMIp9bMGSY&list=PLD271581295DA22B6>

TRUE DETOXIFICATION IS NOT A COLON CLEANSE OR LIVER DETOX

<https://www.youtube.com/watch?v=80GqEcZZFVg&list=PLF908E5C262600F0E&index=8>

SUPPLEMENTS CHELATING: Teeth /Natural News recommends Dr Bill Henderson who recommends calling Dr. Huggins office 866-948-4638 who close to NJ recommends Dr. Blanche Grube 810 Green Ridge Street Scranton, PA 18509 570-343-1500 Get your fillings and root canals out.

SUPPLIMENTS CHELATING Heavy Metals Detox & Chelation
Therapy - Austin Wellness

<http://www.youtube.com/watch?v=zaxzbVRnmqc>

SUPPLIMENTS CHELATING Autistic children do not excrete
metals on their own. He is at

<http://www.austinwellnessclinic.com/about-us/biographies.html>

in Austin Wellness Clinic

1700 S. Lamar Blvd, Suite 240 Austin, TX 78704

SUPPLIMENTS CHELATING Heavy Metal Toxicity & Cleanse Part 1

SUPPLIMENTS CHELATING Heavy Metal Toxicity & Cleanse Part 2

<http://www.youtube.com/watch?v=QfxVmdPIk1Q&feature=relmfu>

.

WATER

www.mountainvalleyspringwater.com

.

Top 10 Healthy, Alkalizing Foods for Energy, Psyche Truth
Nutrition & Weight Loss

<https://www.youtube.com/watch?v=gXlFyDvqons>

.

Cleansing Myths

<http://www.ejuva.com/cleansing-myths2.html>

.

FOOD: About eggs etc

<http://www.cornucopia.org>

.

Full Length - Inspirations w/ Lisa Garr: David Wolfe on Energy, Health and Longevity
LOST

.

Gaiam TV Inspirations - David Wolfe Describes Different Superfoods

https://www.youtube.com/watch?v=uw3ROvQ-YXg&list=PLVGpOEyPHwibrXpIIPtooe9_YcSz2wuQe

.

Fish Oil

<http://nutritionfacts.org/video/fish-oil-in-troubled-waters/>

Teeth

<http://www.marquette.edu/biomedical-sciences/facstaff-lobnerresearch.shtml>

Cancer: Graviola and Mitake Mushroom, see also Apricot seeds cures cancer and tumors. Also Flax
Oil from Barleans mixed with 1 X 2 with cottage cheese

<http://www.mushroomscience.com/products/>

New Study Shows Niacin-Bound Chromium Benefits Diabetics See also Only One Chromium
Supplement Helps People with Diabetes

http://www.naturalnews.com/025006_chromium_supplement_sugar.html#ixzz3Iihi86S4
http://www.naturalnews.com/025006_chromium_supplement_sugar.html

.

Dr. Mercola: Why Is It Important to Take CoQ10 & Ubiquinol

<https://www.youtube.com/watch?v=TtDIVob7uks>

.

Cure for lyme and cancer, herpes etc.

<http://desbio.com/>

1. The Beautiful Truth

2. Sugar The Bitter Truth

6. Matt Monarch, David Wolfe

Secrets for Beautiful Teeth

<https://www.youtube.com/watch?v=hfl1Vlc9ObQ>

How to Care for Your Teeth! with David Wolfe

<https://www.youtube.com/watch?v=giRiXI-HY-4>

Cure Cavities and Repair Tooth Decay Naturally -

CURETOOTHDECAY.COM

<https://www.youtube.com/watch?v=LmxvWwYHma0>

Vitamins for Women, Men & Liquid Vitamins for kids

<https://www.youtube.com/watch?v=Y8kK9ymIM9c#t=196>

VS

Multivitamin Supplements and Breast Cancer [Warning! He never says if he is talking about organic or synthetic vitamins]

<http://nutritionfacts.org/video/multivitamin-supplements-and-breast-cancer/>

<http://nutritionfacts.org/about/>

Cancer The Forbidden Cures!

<https://www.youtube.com/watch?v=NAMYAoiCSsI>

PAPER FROM THE FDA

<http://www.fda.gov/downloads/drugs/guidancecomplianceregulatoryinformation/enforcementactivitiesbyfda/cyberletters/ucm056374.pdf>

What the FDA is saying here is that if someone says that apples or cherries cure cancer better than chemo therapy they are committing a crime, because apples and cherries are not approved by the FDA for curing cancer. However what I truly believe is that people need to do their own research anyway. So therefore, I think all I really need to do is provide keywords for these "Quack Treatments" so that people can look them up on Google.com and Yahoo.com and come to their own conclusions from "quack" doctors in other countries who can cure cancer. And since I am confident that I have the right conclusion in light of anything you will find on these topics, then I feel that this is all I need to do to make my point. And that is to provide you with the *words* that these arguments are concerned with.

The problem is really simple, this is the problem: People like to be happy, ignorant and fill their heads with unimportant junk rather than do a little critical thinking. People like to let other people think for them, but this is very unprofitable. Now would be a good time to get started on your own research before you run into a problem, an ounce of prevention is worth a pound of cure.

WORTHWHILE GOOGLE SEARCHES AND LINKS

See the following keywords or links below:

Science Based Nutrition Blood Test

Chelation Therapy Xenoplex

Low Stomach Acid after 30 H-Pylori

Chlorella Spherulena blue green algae mixed with neurotoxins

Fluoride Shield

Organically Bound Minerals.

Acidophilus and Bifidum by American Health, Advanced Enzyme System by Rainbow Light,

Apple Cider Vinegar Organic

Yogurt

Kombucha Beneficial Probiotics

BioSil Bone Collagenizer and Metabolic Maintenance Magnesium Glycinate suggested by David Wolfe.

Dr. Ron's Cal 1000 Mag 500 Hydroxyapatite Plus Optimal Bone Formula.

MSM from Transfer Point Inc. distributed by <http://www.beta-glucan-info.com/msm.htm>

Distilled fish oil / fermented Cod liver oil and butter from Green Pastures.

Icelandic and Himalayan Sea Salt

Lauriciden-coconut

Mega-Hydrate

Potassium Iodide

Food Grade Diatomaceous Earth from Earthworks Health

Ultimate Lifespan Digestive Health

Mountain Valley Spring Water.

Black Seed also called Nigella Sativa and black cumin + Lyme parasites

<http://theblessedseed.blogspot.com/2011/03/warnings-and-precautions-about-black.html>

Benvia Gold

Tart Cherry + melatonin

<http://www.doctoroz.com/videos/amazing-antioxidants-tart-cherry-juice>
http://www.naturalnews.com/025006_chromium_supplement_sugar.html#ixzz3Iihi86S4
http://www.naturalnews.com/025006_chromium_supplement_sugar.html

CoQ10 <http://youtu.be/TtDlVob7uks> Mercola.com

lyme and cancer, herpes etc. <http://desbio.com/>

Mega-Hydrate

Powdered Foods: Bulletproof Protein Powder.

Powdered Foods: David Wolfe Cacao Beans

Powdered Foods: Matt Monarch Warrior Blend from Sunwarrior Proprietary Protein Blend (Pea Protein, Cranberry Protein, Hemp Protein), Gum Blend (Fenugreek Gum, Konjac Gum, Guar Gum), Natural Flavor, Stevia extract, Medium Chain Triglycerides.

Powdered Foods: Shakeology

TriField Meter Model 100XE

Microwave ovens Water + Kettle Water + watering plants

Cell phones + reduced cartilage growth + radiates your blood.

MSM DMSO David Wolfe

Folic acid

Zeolite powder Chernobyl Foam

SHOPPING LIST

Foods: Sprouted nuts phytic acid + <http://www.precisionnutrition.com/all-about-phytates-phytic-acid>

Foods: Mountain Valley Spring Water `800-643-1501

Foods: Raw Milk + Lactose Intolerance

Foods: Eggs

Foods: Spinach

Foods: Avocado

Foods: Bone or Fish head broth.

Foods: Brussels sprouts

Foods: Sprouts

Foods: Broccoli

Foods: Cabbage

Foods: Cauliflower

Foods: Swiss chard

Foods: Collard greens, steamed

Foods: Kale, steamed

Foods: Green leafy Vegetables

Foods: Asparagus,

Foods: Lentils

Foods: Carrots

Foods: Bell peppers

Foods: Olive Oil, from a reputable source not with fructose (see Food Babe)

Foods: Sprouted lentils

Foods: Cranberry

Foods: Oranges

Foods: Strawberries

Foods: Cantaloupe

Foods: Banana

Foods: Sardines with bones + fukushima disaster fairwinds

Foods: Salmon

Atomic Particles + Dr. Rima: Action Whey from Emerald Express

Atomic Particles + Rev Resveratrol. Complex: Fruit

Atomic Particles + Emerald Express: Sea Vegetables

Atomic Particles + Nu Shield Ionic Mineral Concentrate liquid Boron and Iodine

Atomic Particles + Additionally MSM + Iodine

Teeth + Neem + coconut oil + Himalayan salt

Clean Air + Bamboo palm “advanced pure air filter”

Neck pain + pillow David Wolfe

Bill Schnoebelen Superfoods: Chinese wolfberries
Bill Schnoebelen Superfoods: Lecithin
Bill Schnoebelen Superfoods: Bee Pollen & Royal Jelly
Bill Schnoebelen Superfoods: Blueberries
Bill Schnoebelen Superfoods: Raspberries Apricots
Bill Schnoebelen Superfoods: Black-Strap Molasses
Bill Schnoebelen Superfoods: Green Foods Spirulina Etc
Bill Schnoebelen Superfoods: Siberian Ginseng / Donquay
Bill Schnoebelen Superfoods: Astragals
Bill Schnoebelen Superfoods: Cayenne
Bill Schnoebelen Superfoods: Reishi & Maitake
Bill Schnoebelen Superfoods: Alfalfa - The king of herbs and Ginger, good cure for arthritis
Bill Schnoebelen Superfoods: Green Tea
Bill Schnoebelen Superfoods: Marine Phitoplyncion

Cardiac Disease +Hawthorne Berries
Cardiac Disease +Lilly of the valley
Cardiac Disease +Cayenne
Cardiac Disease +Coenzyme Q - 10 and wheat germ oil
Cardiac Disease +Essential Oils of goldenrod, with lavender helichrysum, idaho tansy or rose
Cardiac Disease +Arrhythmia - oil of ylang ylang

Cancer +Red Clover
Cancer +Poke Root, licorice root, cascara sagrada, sarsaparilla, prickly ash, burdock, buckthorn, Oregon grape root, peach bark
Cancer + Chaparral !!!
Cancer + Skin- cleavers
Cancer + Breast - Poke root and bayberry
Cancer Rectal - chickweed
Cancer Prostate - Red Clover, plus dietary changes
Cancer+Graviola
Cancer + Mitake Mushroom (<http://www.mushroomscience.com/products/>)
Cancer + Apricot seeds.
Cancer + Flax Oil mixed with 1 X 2 with cottage cheese for oxygen brings oxygen into the body.
Cancer + Dr. Flanagan's Mega-Hydrate

High Blood Pressure + Solvent herbs to get the sludge out of the blood.
High Blood Pressure + Cayenne, Garlic, Sassafras
High Blood Pressure + Dr Shook-valerian root, licorice root, buckthorn, speedwell, linden flowers, [rue complicated herb] and golden rod.
High Blood Pressure + Dr Christopher- Ginger cayenne, goldenseal, ginseng, parsley, garlic
High Blood Pressure + Essential oil of goldenrod.

Indigestion + Enzymes, raw foods

Indigestion + Cascara sagrada, and water
Indigestion + slippery elm
Indigestion + elecampane and papaya
Indigestion + Echinacea and golden seal
Indigestion + Ginger, caraway, cardamom
Indigestion + Essential oil of Peppermint, Fennel

Asthma + sugar or High-Fructose, test for mold with your doctor.
Asthma + Vitamin B12
Asthma + Vitamin B6
Asthma + Magnesium
Asthma + Cod-liver oil
Asthma + Poor digestion, giving way to allergies to foods, especially milk.
Asthma + Hydrochloric acid and pepsin pills are good for digestion.
Nascent Iodine
Ashwagandha
Ginseng

